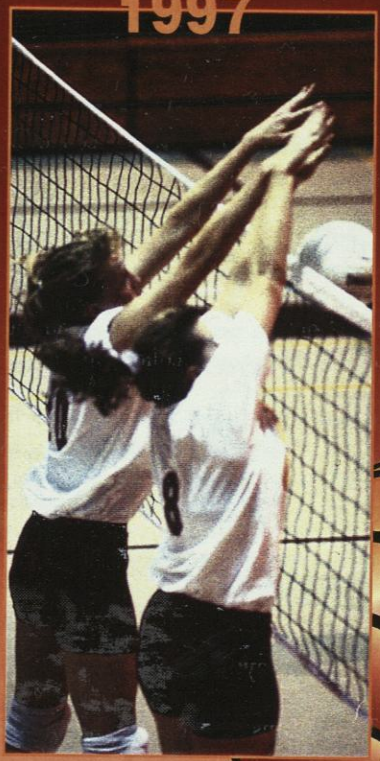
SALISBURY

UNIVERSITY

1997



STATE

VOLLEYBALL

SEA GULLS

SSU at a glance

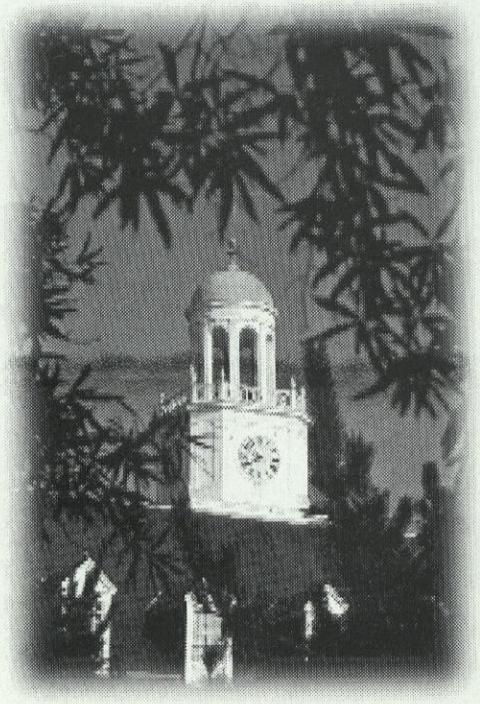
The resources of a University ...
6,000 students from 36 states and 50 foreign countries
29 undergraduate and 7 graduate programs
200 full-time tenure-track faculty, 85 percent with terminal degrees, including National Endowment for the Humanities scholars and Fulbright professors.
NCAA Division III Athletics, 9 men's, 10 women's intercollegiate teams; 22 intramural sports

... with small-school opportunities.
Approachable faculty (17:1 student/faculty ratio)
Honors program with dedicated faculty at the Bellavance Honors Center. Ten residence complexes including traditional, co-ed, suite and apartment styles.

The security of state support ...
1997-98 tuition, room, board and fees: $8,982 per year for Maryland residents; $12,734 per year out-of-state.
A library with over 800,000 volumes, periodicals, microforms and databases including word processing and computer labs. Access to collections throughout the country.

... with the benefits of private funding.
Altogether, SSU awards nearly $1 million in academic scholarships each year. More than $22 million in private endowments supports some of those scholarships and provides for some of the finest educational programs.

In an ideal–and idyllic–location:
Salisbury, MD, is 30 miles west of the Atlantic Ocean and Ocean City, MD, and 20 miles east of the Chesapeake Bay; 2 hours from Baltimore, Washington, D.C. and Wilmington, DE. The campus is 2 1/2 hours from Norfolk, VA, and Philadelphia, PA, and 4 1/2 hours from New York.



Come see us–in person, or in cyberspace. We'd love to see your smiling face, but if you can't get here, check out our Web site.
We're at **http://www.ssu.edu.**

SSU's campus is in an attractive, residential neighborhood of stately homes on sculpted lawns, less than one-half mile from the banks of the Wicomico River. The campus includes 34 buildings on 125 landscaped acres. Students walk from one end of campus to the other in about 5 minutes.

Head Coach Margie Knight

Although she is no stranger to Salisbury State University, **Margie Knight** is the newest member of the Sea Gull coaching staff. She joined the SSU staff in December 1996 as head coach of both the women's softball and volleyball programs, after a distinguished coaching and teaching tenure at North Caroline High School in Ridgely, MD.

In her first volleyball season at the collegiate level, Knight guided the Sea Gulls to a 20-16 overall record and a trip to the Capital Athletic Conference Championship match in 1997. SSU finished as the conference runnerup while registering its third straight 20-win season.

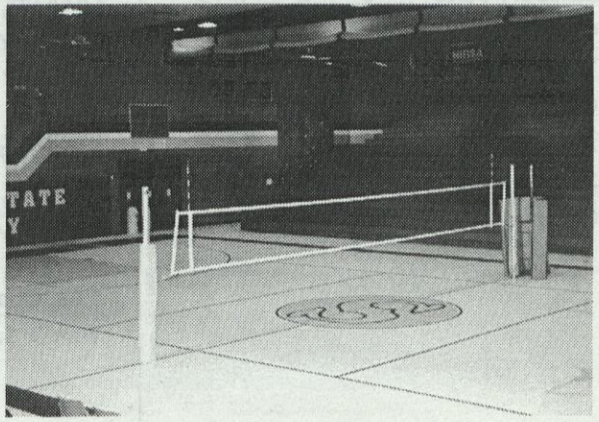
Knight, a 1979 graduate of the University and a member of its Athletics Hall of Fame, returned to her alma mater after building an impressive resume of success at the prep level. She won state high school championships in both softball and volleyball during her 13-year head coaching career at North Caroline. The Bulldogs captured the state softball title in 1988 and 1991, and won the State Volleyball Championship in 1990.

Knight compiled a 392-77 combined record in the two sports during her tenure, a winning percentage of over 83%. Additionally, she has received volleyball Coach of the Year honors seven times, including the 1996 fall season when she led her squad to a 16-3 record while capturing conference and region titles. She has also been named softball Coach of the Year four times.

Knight wasted little time in making her mark at SSU. In her first season with the Sea Gull softball team in 1997, Knight guided the Gulls to a school-record 33-14 record and the finals of the NCAA Tournament's Atlantic Regional. SSU captured the Capital Athletic Conference Championship and Knight was named CAC Softball Coach of the Year.

A native of Catonsville, MD, Knight was no stranger to athletic success as a collegiate athlete at Salisbury State. She was a four-year letterwinner in women's basketball and a three-year letterwinner in both softball and volleyball. Additionally, Knight served as a team captain for two years in each of those sports. She was also named MVP of the basketball squad twice and MVP of the softball team as a senior. In recognition of her outstanding collegiate career, she was inducted into the SSU Athletics Hall of Fame in 1995.

In addition to her coaching duties, Knight also serves as an instructor of physical education at Salisbury State.



Salisbury's Maggs Physical Activities Center is among the finest volleyball facilities in the region, featuring a multipurpose tartan floor and seating for nearly 2,000 spectators. During tournaments, the arena has a dual-court alignment, allowing for two matches to be played concurrently.

1997 in Review

Gulls Return to CAC Title Match

The Salisbury State volleyball team recorded its sixth winning season in the last seven years and its third straight 20-win campaign with a 20-16 overall record in 1997. SSU has won 111 matches over the past five seasons, ranking among the most consistent teams in the Mid-Atlantic Region. For the second consecutive year, the Sea Gulls finished as the championship runnerup in the Capital Athletic Conference.

Two members of this year's squad were recognized on the all-conference team, with senior outside hitter Sandy Palasek named to the first team and junior outside hitter Jen O'Neill named to the second team.

Palasek enjoyed a standout season for the Gulls, finishing as the team leader in kills (414), total attacks (1,081) and digs (367). Her 414 kills set a new SSU single-season record. She also joined the prestigious 30-kill club on September 26 by establishing new team records with 30 kills and 62 attempts in a match against Richard Stockton. Palasek, who also owns the SSU records for digs in a match and digs in a season, was named team MVP in 1997.

O'Neill earned second team all-conference honors while finishing second on the squad in kills (249), total attempts (724), digs (241) and blocks (87). In addition, she led the team and finished sixth in the conference in service aces with 68.

The Sea Gulls finished 5-2 during the conference's round-robin regular season, tied for second place. SSU defeated defending CAC champion Gallaudet, 3-1, and '97 regular season leader Mary Washington, 3-0, in the first two rounds of the conference tournament before falling to York in the CAC Championship match.

Other highlights from the 1997 season included winning the championship of the Sea Gull Classic, a third-place finish in the Washington College Tournament and a second-place finish in the silver-medal bracket of the Western Maryland Invitational.

Final 1997 CAC Standing

	W	L	Pct.
Mary Washington	6	1	.857
Salisbury State	5	2	.714
Goucher	5	2	.714
York	5	2	.714
Gallaudet	3	4	.429
Marymount	3	4	.429
St. Mary's	1	6	.143
Catholic	0	7	.000

Postseason Tournament Results

Quarterfinal Round

Mary Washington 3, Catholic 0
Goucher 3, St. Mary's 0
York 3, Marymount 0
Salisbury 3, Gallaudet 1

Semifinal Round

Salisbury 3, Mary Washington 0
York 3, Goucher 1

CAC Championship

York 3, Salisbury 0

1997 Final Results

Date	Opponent	Score	Game Scores	Site
9-12	Scranton	0-3 L	15-17, 6-15, 13-15	Gettysburg Tourn.
9-12	Western Maryland	3-1 W	15-13, 15-4, 5-15, 15-3	Gettysburg Tourn.
9-13	Richard Stockton	1-3 L	8-15, 7-15, 15-11, 11-15	Gettysburg Tourn.
9-13	Gettysburg	0-3 L	2-15, 3-15, 11-15	Gettysburg Tourn.
9-13	E. Mennonite	1-3 L	7-15, 15-13, 8-15, 7-15	Gettysburg Tourn.
9-16	*Marymount	3-1 W	15-13, 15-13, 9-15, 15-11	Maggs Center
9-20	Lynchburg	3-1 W	15-2, 15-17, 15-4, 15-13	Fredericksburg, VA
9-20	*Mary Washington	0-3 L	5-15, 12-15, 14-16	Fredericksburg, VA
9-26	Richard Stockton	2-3 L	15-12, 15-10, 11-15, 12-15, 15-17	Sea Gull Classic
9-27	Washington	3-0 W	15-5, 15-6, 15-11	Sea Gull Classic
9-27	Frostburg State	3-1 W	4-15, 15-11, 15-12, 15-13	Sea Gull Classic
10-1	*Gallaudet	3-0 W	15-13, 15-11, 15-13	Maggs Center
10-3	Richard Stockton	1-3 L	15-8, 6-15, 9-15, 12-15	Wash. College Tourn.
10-3	Scranton	3-0 W	16-14, 15-13, 16-14	Wash. College Tourn.
10-4	Washington	3-0 W	15-5, 15-4, 15-8	Wash. College Tourn.
10-4	Gallaudet	2-3 L	6-15, 15-5, 4-15, 15-5, 10-15	Wash. College Tourn.
10-4	Marymount	3-0 W	15-7, 15-10, 15-13	Wash. College Tourn.
10-7	*Goucher	0-3 L	5-15, 8-15, 7-15	Towson, MD
10-11	Cabrini	3-0 W	15-8, 15-7, 15-4	James M. Bennett HS
10-15	*York	3-2 W	11-15, 16-14, 14-16, 17-15, 15-8	York, PA
10-17	Franklin & Marshall	1-3 L	7-15, 6-15, 15-10, 14-16	WMC Tourn.
10-17	Susquehanna	3-0 W	15-12, 18-16, 15-4	WMC Tourn.
10-18	Bridgewater	3-2 W	15-8, 5-15, 10-15, 15-13, 15,3	WMC Tourn.
10-18	Eastern	1-3 L	12-15, 15-5, 12-15, 14-16	WMC Tourn.
10-21	*St. Mary's	3-2 W	15-12, 12-15, 15-6, 7-15, 16-14	St. Mary's City, MD
10-24	Eastern	0-3 L	8-15, 12-15, 13-15	Juniata Tourn.
10-24	Juniata	0-3 L	2-15, 4-15, 3-15	Juniata Tourn.
10-25	Southampton	3-1 W	12-15, 15-2, 15-4, 15-9	Juniata Tourn.
10-25	Rutgers-Newark	3-1 W	9-15, 15-1, 15-2, 15-5	Juniata Tourn.
10-28	*Catholic	3-0	15-7, 15-2, 15-1	Maggs Center
10-31	Franklin & Marshall	0-3 L	11-15, 14-16, 12-15	Elizabethtown Tourn.
11-1	Eastern Mennonite	3-2 W	15-6, 15-12, 9-15, 6-15, 16-14	Elizabethtown Tourn.
11-1	Goucher	1-3 L	12-15, 15-11, 6-15, 9-15	Elizabethtown Tourn.
11-4	Gallaudet	3-1 W	15-12, 9-15, 16-14, 15-6	CAC Quarterfinal
11-8	York	0-3 L	8-15, 10-15, 7-15	CAC Championship

* Capital Athletic Conference Match

1997 Sea Gull Roster

No.	Name	Yr	Pos	Hgt	Hometown	High School
1	Jayme Lanham	Jr	S/DS	5-2	Ocean City, MD	Stephen Decatur
2	Katie Korreck	Fr	S	5-6	Frederick, MD	Thomas Johnson
3	Mandy Heagy	So	OH	5-10	Whitehall, MD	Dulaney
4	Lindsey McNaney	Jr	OH	5-5	Hagerstown, MD	North Hagerstown
5	Cassie Cutright	Sr	DS	5-5	Denton, MD	North Caroline
7	Katea Murray	So	MH	5-11	Bel Alton, MD	McDonough
8	Jennifer O'Neill	Jr	OH	5-10	Woodsboro, MD	Walkersville
9	Bryony Zeigler	Fr	OH	5-9	Silver Spring, MD	Montgomery Balir
10	Brooke Salitrik	Sr	MH	5-10	Gaithersburg, MD	Quince Orchard
11	Sandy Palasek	Sr	OH	5-7	Ellicott City, MD	Centennial
12	Elizabeth Houser	So	DS	5-7	Williamsport, MD	Williamsport
13	Donna Hudson	Fr	OH	5-9	Williamsport, MD	Williamsport
14	Michelle Dugan	Jr	MH	6-0	Ellicott City, MD	Centennial

Head Coach — Margie Knight (first year)
Assistants — Jen Bowman, John Rippon
Managers — Kim Proctor, Valerie Williams

SSU Volleyball - A Closer Look

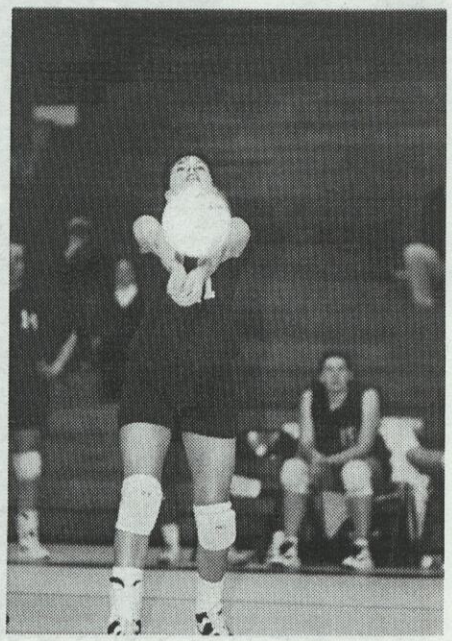
The Sea Gull volleyball program is among the most consistent in the mid-Atlantic region, with a history of conference championships and regional tournament success. While a member of the Eastern States Athletic Conference (1987-92), the Gulls claimed the conference's volleyball title in five of the six years. SSU, an NCAA Division III member, joined the Capital Athletic Conference in 1993 and has competed as a CAC member for the past four seasons, finishing as the conference's runnerup in both 1996 and 1997.

Reflecting national trends, in recent years Salisbury State's schedule has become one that features a heavy dose of tournament competition, mixed in with its dual matches against conference opponents. The Gulls have posted winning records in 11 of the last 13 seasons, and averaged over 23 wins per season from 1987 through 1997, with a winning percentage of .650 during that time span. SSU enjoyed back-to-back 30-win seasons in 1989 and 1990, including a school-record 35 wins in 1990.

SSU's tournament schedule includes many of the biggest and most competitive Division III events in the region each year. In addition to participating in noted events like the Juniata Classic and the Western Maryland Invitational, Salisbury plays many of the top regional squads in prominent tournaments. The Gettysburg Invitational, Elizabethtown Tournament and SSU's own invitational were among the events on the slate again in 1997.

Year by Year Since 1985

1985	13-12
1986	18-5
1987	17-8
1988	20-6
1989	33-10
1990	35-14
1991	18-21
1992	22-12
1993	28-11
1994	18-24
1995	23-20
1996	22-13
1997	20-16
TOTAL	287-172



Senior outside hitter Sandy Polasek led the Sea Gulls in kills and digs in 1997 while capturing team MVP honors and earning first team all-conference recognition.

Sea Gull Recordbook

Individual Records

TOTAL ATTEMPTS

Match	62	Sandy Palasek (9-26-97)
Season	1,096	Sandy Palasek (1996)
Career	2,993	Courtney Moore (1993-96)

KILLS

Match	30	Sandy Palasek (9-26-97)
Season	414	Sandy Palasek (1997)
Career	1,132	Courtney Moore (1993-96)

BLOCKS

Match	21	Laurie Waters vs. Gallaudet (10-1-93)
Season	220	Laurie Waters (1993)
Career	284	Laurie Waters (1992-93)

DIGS

Match	28	Sandy Palasek vs. Mary Washington (11-7-96)
Season	408	Sandy Palasek (1996)
Career	1,075	Cassie Cutright (1994-97)

ACES

Match	12	Jen Bowman vs. Mary Baldwin (9-24-93)
Season	100	Jen Bowman (1993)
Career	255	Jen Bowman (1992-95)

ASSISTS

Match	53	Jen Bowman vs. Goucher (10-10-95)
Season	815	Katie Korreck (1997)
Career	2,121	Jen Bowman (1992-95)

Team Records

Most Wins, Season	35	(35-14)	(1990)
Best Winning Percentage	78%	(18-5-0)	(1986)
Fewest Wins, Season	7	(7-20)	(1979)
Fewest Losses, Season	5	(18-5)	(1986)
Most Consecutive Matches Won	11	(1990, 1996)	
Most Consecutive Games Won	22	(1990)	

Sea Gull Quick Facts

Location	Salisbury, MD
Founded	1925
Enrollment	6,000
President	Dr. William C. Merwin
Colors	Maroon & Gold
Nickname	Sea Gulls
Web Site	www.ssu.edu
Affiliation	NCAA Division III
Conference	Capital Athletic Conf.
Director of Athletics	Dr. Michael Vienna
Athletics Dept. Phone	410-548-3503
Head Coach	Margie Knight
Alma Mater	Salisbury State '79
Office Phone	410-543-6352
E-mail Address	mjknight@ssu.edu
1997 Record	20-16

1997 Team Award Winners

Three senior players swept the 1997 team awards announced at the end-of-season banquet:

- Outside hitter **Sandy Palasek** was named team MVP after leading the Gulls in kills, attempts and digs.
- Middle blocker **Brooke Salitrik** was the winner of the Most Improved Player award. Salitrik finished with 121 kills in 92 games, while also finishing fourth on the team with 52 service aces and fourth with 54 blocks.
- Defensive specialist **Cassie Cutright** won the Coaches Award, presented annually to the player who displays the most dedicated, positive and spirited attitude on the team. Cutright, a two-year team captain, finished third on the team with 223 digs in 1997 and completed her four-year career as the team's all-time leader in digs with 1,075.

1997 Sea Gull captains: senior Sandy Palasek (left) and senior Cassie Cutright.

SSU's Athletics Philosophy

Salisbury State University, a member of the National Collegiate Athletic Association's (NCAA) Division III, offers 19 intercollegiate sports for men and women. In addition to NCAA membership, SSU competes as a member of the Capital Athletic Conference (CAC) and the Eastern College Athletic Conference (ECAC).

As a member of the NCAA's Division III, Salisbury State places the highest priority on the overall quality of the educational experience. In doing so, it seeks to strengthen the integration of objectives and programs in athletics with academic and developmental objectives, and to assure the integration of athletes with other students.

SSU places special importance on the impact of athletics on the participants, with emphasis on the internal constituency (students, alumni and special friends) rather than on the general public and its entertainment needs.

The SSU athletics program is further characterized by the following principles:

- Participants receive the same treatment as other students. They have no unique privileges in admission, academic advising, course selection, grading, living accommodations or financial aid. Similarly, athletes are not denied rights and opportunities that would be available to them as non-athletes.
- Sports for men and women are given equal emphasis and the desired quality of competition is similar in all sports.
- Students are supported in their efforts to reach high levels of performance by providing them with adequate facilities, competent coaching and appropriate competitive opportunities with students from similar institutions.
- SSU strives to make the student-athlete's participation in intercollegiate athletics an enriching experience, and holds genuine concern for each participant's welfare. The intercollegiate program's foremost goal at all times is to supplement and enrich the first priority of the University, which is academic accomplishment.

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NCAA

Salisbury
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Department of Intercollegiate Athletics
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Salisbury, MD 21801-6860